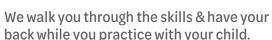
PCIT A Different Kind of Treatment

PCIT is a hands-on treatment to help children listen & behave better. Therapists & caregivers work as a team to conquer behavior problems in a practical yet unique way.

Here's How PCIT Works:

We're behind a 1-way mirror, out of the way, but connected to you.

Through a wireless earpiece, we whisper strategies proven to help children.



Here's Why PCIT Works:

A partner in parenting We make step-by-step changes together. You don't have to try things out on your own, we're in this together.

Real-time help

We can instantly see how the skills are working & make tweaks so they work even better. Research shows nothing beats in-the-moment practice for getting behavior problems under control.¹

A formula for success We use tried & true techniques to make parenting easier, & we practice until you've got it down like second nature.







Get to know each other

We'll first chat about your family's needs & goals, fill out some forms, & watch you & your child play. This important information helps us better help you.



Connect

Phase 1 is about making your bond stronger & bringing out the best in your child. These skills make children want to listen more & be good.

2 Correct

Phase 2 is about getting your child to listen right away. These skills help children follow directions & learn consequences. Learn 2

Learn about skills during a therapist & caregiver meeting.

Practice ?

Practice skills with your child during coaching visits.

Practice ?

You are going to be amazed. I literally have a different kid. I tell everyone I know and see about this therapy."

-Amanda P., Mom of 6-year-old daughter

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By the end of PCIT, you'll have an easier & more enjoyable relationship. You'll have tools to parent smart, saving time & stress. Your child will feel like a good kid & you'll feel like a proud parent with a child on the right path.

Let me tell you our lives are forever changed in a positive way."

-Julieann C., Mom of 4-vear-old son



PCIT Pays Off

Reduction in misbehaviors²

Both parents & professionals endorse PCIT

Satisfaction rate among parents⁴

300+

Research studies about PCIT

3+

Years later children still have good behaviors³

40

Years of helping thousands of families

Scientific rating by Evidence-Based Clearinghouse⁵

Essentials

Who Do We Help?

Children 2-7 who:

- Hit/ kick/ bite
- Talk back/ whine/ swear
- Don't follow directions
- · Have temper tantrums/ outbursts
- · Are easily distracted/ impulsive/ hyperactive
- · Have problems with peers/ siblings
- Have been thrown out of daycare/school

Caregivers:

- Biological parents
- Foster & adoptive parents
- Family members

How Long Is PCIT?

Visits to PCIT are 1 hour each week.

PCIT lasts 12-20 visits, sometimes more or less as each family's needs are different. We work together

until you've got the skills down & behaviors are on track. Many families start seeing changes after the first few sessions!

Who Are We?

Comprehensive Youth Services is an established non-profit community based mental health organization. Our programs are dedicated to providing quality mental health and supportive services to children, adolescents and families who have experienced abuse or domestic violence, and those who are at-risk or struggling with difficult personal or family issues.

Bright Beginnings For Families program at CYS 559.229.3561 | 4545 N. West Ave. Fresno, CA 93705

